ergoFIX

Preventative & Corrective Posture Seating



ergoFIX

Ergonomically designed, anatomically correct.

Working in partnership with ergonomic specialists, physiotherapists and DSE assessors, ErgoFix is the definitive ergonomic office seating collection, value engineered to provide positive, preventative and corrective solutions to posture issues at home and in the workplace.

ergoFIX recognises the necessity for superior, variable and flexible support.

This in turn leads to a healthier, happier and more productive working environment.



"Musculoskeletal (MSK) conditions are the biggest cause of working days lost in the UK after coughs and colds."

MSK Conditions affect the joints, bones, muscles and also include rarer auto-immune diseases and back pain.

MSK conditions affect over 14.9 million people nationally many of whom have symptoms of pain, stiffness, limited movement and disability affecting their quality of life and independence. Public Health England June 2019

The NHS alone spend over £5 billion annually in treating and supporting people with MSK conditions. Public Health England June 2019

In 2017, MSK conditions were the biggest cause of sickness absence

which accounted for over 28 million days lost in work (22.4% of total sickness absence). This cost the UK an estimated £7 billion a year. Public Health England June 2019

Musculoskeletal conditions are commonly linked with depression and increase the risk of developing other chronic conditions.



PHYSIOTHERAPIST APPROVED



ergoFIX

Protecting natural resources. Preventing pollution. Reducing

waste.

"We strive towards continual improvement in our environmental performance and endeavour to minimise the scale of our adverse impact on the environment by setting, implementing, monitoring and reviewing environmentally conscious operational objectives and targets "

Recognising the long-term benefits to our business and our customers we are committed to taking an active part in protecting natural resources, preventing pollution and reducing waste.



QR Code Scanning

Adding QR Codes which allow users to access operating and assembly instructions has resulted in a reduction of printed sheets of paper, totalling approximately 50,000 less printed sheets per year!



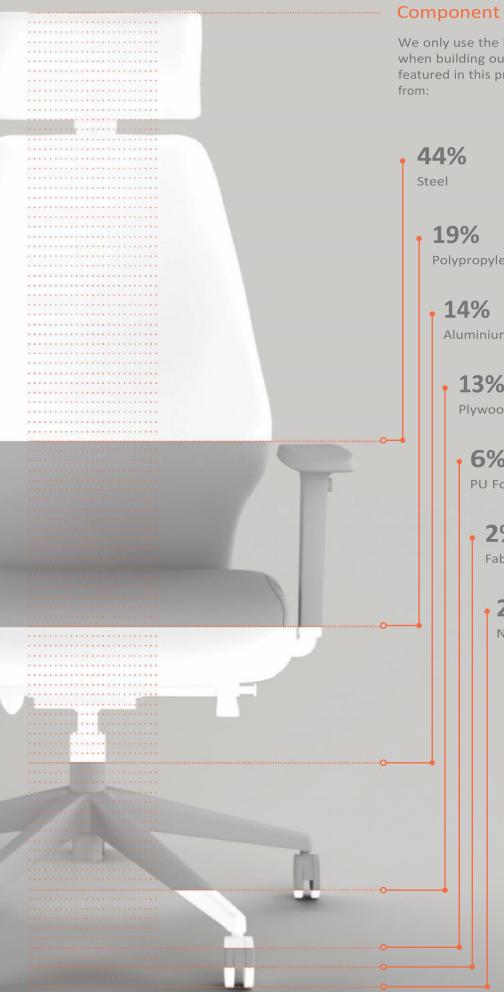
Continual Improvement

We continually strive for environmental excellence, changing and creating processes to help us lower our carbon footprint. We are delighted to say that our BSI ISO:14001 accreditation has been successfully renewed.



Glue-less Technology

We have developed and enhanced our manufacturing techniques, enabling us to build our upholstered swivel chair backs with an E-badge, resulting in the product becoming totally glueless.



Component Breakdown

We only use the highest quality components when building our products. The chairs featured in this presentation are constructed

44% Steel							
19% Polypropylene							
• 14% Aluminium Castings							
• 13% Plywood							
• 6% PU Foam							
• 2% Fabric							
• 2% Nylon							
The chairs featured in this presentation contain up to							
37% Recycled Material							
21% Steel 14% Aluminium Castings 2% Fabric							
The chairs featured in this presentation are up to							
99%							

Recyclable

: ergoFIXIntro

Back To Basics.

The ergoFIXIntro range consists of four ergonomic models that offer an affordable solution to posture seating for petite, regular and larger users.

The ergoFIXIntro range is all centred on the same volume specified, heavy duty 3-lever mechanism.

Infinitely lockable and highly adjustable, this robust mechanism comfortably supports users of up to 150KG and the range now comes with a seat slide as standard.

A choice of backrests including inflatable lumbar supports allow you to select the optimum fit for the size and shape of a specific user.

Optional extras can then be added, tailoring the chair to suit.











IT450HR



Moulded outer shell or fully upholstered backrest

Lumbar support control pump

Independent back angle adjustment

Independent seat angle adjustment

> Seat height adjustment













360° Swivel

Seat Height

Back Height Back Angle

Seat Angle

Seat Depth Lumbar Support Arm Adjustment

1. Headrest (HR)

Available on selected models, the addition of a height and angle adjustable headrest supports the user in reclined positions, relieving stress within the neck muscles.

2. Inflatable Thoracic Support (ITC)

Increases the contact area of the upper spine by filling the space between the shoulder blades, helping to prevent slouching and reduce pain/discomfort in the shoulder and neck area.

3. Inflatable Lumbar Support

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.

4. Coccyx Zone (CC)

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.



Air-Flo Seat Cell (ASC) 5.

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to

improve core strength and reduce Sciatic pain.



Performance Seat 6.

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as the memory foam.



Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.



8. Polished Base (AB)

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.



issues and provide positive preventative and corrective solutions."









SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

IT350

Regular Deluxe

Upholstered High Back. Medium Seat. Inflatable Lumbar Support. Seat Slide 50mm.

SH: 460 - 590mm SW: 530mm SD: 470 - 520mm BH: 480 - 660mm BW: 500mm

IT350HR

Regular Deluxe With Headrest

Upholstered High Back. Upholstered Headrest. Medium Seat. Inflatable Lumbar Support. Seat Slide 50mm.

SH: 460 - 590mm SW:530mm SD: 470 - 520mm BH: 480 - 660mm BW: 500mm HR: 175 x 300mm

IT450

Large Deluxe

Upholstered High Back. Large Seat. Inflatable Lumbar Support. Seat Slide 50mm.

SH: 490 - 630mm SW: 570mm SD: 520 - 570mm BH: 590 - 670mm BW: 500mm

IT450HR

Large Deluxe With Headrest

Upholstered High Back. Upholstered Headrest. Large Seat. Inflatable Lumbar Support. Seat Slide 50mm.

> SH: 490 - 630mm SW: 570mm SD: 520 - 570mm BH: 590 - 670mm BW: 500mm HR: 175 x 300mm



IT150

Petite

Moulded Medium Back. Small Seat. Inflatable Lumbar Support. Seat Slide 50mm.

> SH: 450 - 580mm SW: 490mm SD: 440 - 490mm BH: 450 - 530mm BW: 440mm



IT175

Regular Upholstered

Upholstered Medium Back. Small Seat. Inflatable Lumbar Support. Seat Slide 50mm.

SH: 450 - 580mm SW: 490mm SD: 440 - 490mm BH: 520 - 600mm BW: 450mm



IT175HR

Regular Upholstered With Headrest

Upholstered Medium Back. Upholstered Headrest. Small Seat. Inflatable Lumbar Support. Seat Slide 50mm.

> SH: 450 - 580mm SW: 490mm SD: 440 - 490mm BH: 520 - 600mm BW: 450mm HR: 175 x 300mm



IT250

Regular

Moulded High Back. Medium Seat. Inflatable Lumbar Support. Seat Slide 50mm.

> SH: 460 - 590mm SW: 530mm SD: 470 - 520mm BH: 560 - 640mm BW: 480mm



IT250HR

Regular With Headrest

Moulded High Back. Upholstered Headrest. Medium Seat. Inflatable Lumbar Support. Seat Slide 50mm.

> SH: 460 - 590mm SW: 530mm SD: 470 - 520mm BH: 560 - 640mm BW: 480mm HR: 175 × 300mm

holstered Regu W Medium Back. Uphol Seat. Uph

ergo**FIX**Me

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The One-Chair-Fits-All Solution.

With an incredible range of back height and seat depth adjustments, ergoFIXMe is the ideal project solution for clients who wish to ergonomically seat numerous bodies in the same style chair.

ergoFIXMe provides adjustments that adapt the chair to suit users of all sizes, by utilizing a twin seat slide system, ratchet back height adjustment and a choice of multi-functional arms.

The versatility of the range is further enhanced by a choice of three backrests.

ergoFIXMe reduces the need for replacement chairs and provides a one-stop chair solution for Facility Managers.



Available Models



Specification Overview

Heavy duty 3 lever mechanism Independent seat and back angle adjustment Adjustable body tension control Integral twin seat slides - 125mm travel Ratchet back height adjustment Inflatable lumbar support Three ergonomic backrest options Flex-front posture seat Ergo-density foam

Features

Moulded, mesh or fully upholstered backrest

Lumbar support control pump

> Secondary 75mm seat slide

Independent back angle adjustment

Independent seat angle adjustment

> Seat height adjustment



















360° Swivel

Seat Height

Back Height Back Angle

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Seat Angle Sea

Seat Depth Lumbar Support Arm Adjustment



1. Headrest

(HR)

Available on selected models, the addition of a height and angle adjustable headrest supports the user in

reclined positions, relieving stress within the neck muscles.



2. Inflatable Lumbar

Support

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.



3. Coccyx Zone (CC)

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.



4. Air-Flo Seat Cell (ASC)

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce Sciatic pain.



5. Performance Seat Foam (PF)

Pressure sensitive to mould to the user's seated position, enhancing

comfort and support throughout the working day. Also known as memory foam.



6. Twin Seat Slide

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.



7. Flex-Front Seat

Proven medical scanning has been used to show that using the forward

tilt motion can lead to increased muscle activity in the stomach, hip and back areas.



8. Polished Base (AB)

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.



🗹 PHYSIOTHERAPIST APPROVED

Gilly FairhurstBSC (hons) Physiotherapy, Member of APOCHE, Level 1 DSE Training.

"Working in partnership to address posture issues and provide positive preventative and corrective solutions."









ME150 Upholstered Back

Fully Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Twin Seat Slide 125mm.

> SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 520 - 600mm BW: 450mm



ME150HR

Upholstered Back With Headrest

Fully Upholstered Back. Upholstered Headrest. Flex-Front Seat. Inflatable Lumbar Support. Twin Seat Slide 125mm.

> SH: 490 - 590mm SW: 490mm

SD: 420 - 545mm BH: 520 - 600mm BW: 450mm HR: 175 x 300mm

ME450 Extra High Back

Extra High Moulded Back. Flex-Front Seat. Inflatable Lumbar Support. Twin Seat Slide 125mm.

> SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 710 - 780mm BW: 500mm



ME550

Mesh Back

Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Twin Seat Slide 125mm.

> SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 520 - 590mm BW: 450mm



ME550HR

Mesh Back With Headrest

Mesh Back. Upholstered Headrest. Flex-Front Seat. Adjustable Lumbar Support. Twin Seat Slide 125mm.

> SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 520 - 590mm BW: 450mm HR: 175 x 300mm

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

Select Your Arms

Select Your Extras

Although pictured above with arms, all models are despatched with no arms as standard.		The extras below are compatible with all models in the range unless otherwise stated.		
Code	Description	Code	Description	
/AA1D	Height adjustable arms	/PF	Performance foam seat	
/AA2D	Height and depth adjustable arms	/ASC	Air-Flo seat cell - for pressure sensitive movement	
/AF	Height and foldaway arms	/cc	Coccyx zone	
/AMF	Multi-functional arms	/АВ	Polished base	

in its design,

The only chair with a backrest that is positioned in the rear of the seat in its smallest configuration, designed to support petite users. Lift the backrest for an additional 80mm of height and extend the set by 125mm using the twin seat slide to fit the chair to the widest range of users.

Description Free Delivery - NOT time specific To Denier address

(Delivered direct to end use)

ergo**FIX**Solo

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At one with ergonomics.

The ergoFIXSolo range is a unique and modern solution to everyday ergonomics that redefines comfort, support and adjustability.

Taking inspiration from the movement of the body, the unique ergoFIXSolo back was sculpted with sleek lines and sumptuous curves to mould to the shape of the spine and reinforce positive posture.

Long bouts of sitting can cause significant spinal issues over time, speeding up the wear and tear process of your spinal discs as well as increasing the risk of daily back and neck pain.

Approved and endorsed by a certified Physiotherapist, the ergoFIXSolo range exceeds this criteria and offers support to the spine where it needs it most.



Available Models



SL102



SL152



SL104

SL154

Specification Overview

Synchronised mechanism Adjustable body tension control Seat angle adjustment Seat slide - 75mm travel Independent backrest angle adjustment Ratchet back height adjustment Flex-front posture seat Inflatable lumbar support Ergo-density foam

SL202



SL204

SL254











SL102

High Back With 2D Arms

High Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm



SL202

Medium Back With 2D Arms

Medium Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 420 - 500mm BW: 450mm



SL152 High Back With 2D Arms & Headrest

High Upholstered Back. Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm HR: 175 x 300m



SL104 High Back With 4D Arms

High Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm



SL204 Medium Back With 4D Arms

Medium Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 420 - 500mm BW: 450mm



SL154 High Back With 4D Arms & Headrest

High Upholstered Back

Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm HR: 175 × 300m



SL254 Medium Back With 4D Arms & Headrest

Medium Upholstered Back. Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 420 - 500mm BW: 450mm HR: 175 x 300m

SL252 Medium Back With

Medium Upholstered Back. Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm.

Height & Depth Adjustable Arms.

2D Arms & Headrest

SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 420 - 500mm BW: 450mm HR: 175 × 300m

Features

Fully upholstered tri-curved backrest

Lumbar support control pump

Choice of two ergonomic adjustable backrests

ergo**FIX**Solo

Ratchet backrest height adjustment

> Posture seat with moulded cushion & ergo-density foam

> > Synchronised adjustment 2:1 ratio with anti-shock release

Seat angle adjustment



control

Independent

Body weight tension

back angle adjustment









Seat height adjustment







360° Swivel

Seat Height

Back Angle

Seat Angle

Seat Depth Lumbar Support Arm Adjustment

ergo**FIX**Neon

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In sync with every body.

The ergoFIXNeon range has been engineered to dynamically adapt and respond to the user of the chair.

Easy to use simplistic controls and self-balancing movement allows the user to achieve ultimate comfort in minimal time.

Ergonomic credentials allow for posture support whilst still being easy on the eye.

Modern manufacturing technology enables ergoFIXNeon to lead the line in the Posture Task chair market.

ergoFIXNeon has fast become the chair of choice for many projects and clients.



Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

Available Models



NN100



NN102



NN104

Specification Overview

Spine-shaped fixed height back rest Integrated height adjustable lumbar panel Seat slide - 75mm travel Synchronised body responsive mechanism Automatic weight tension control Seat height adjustment Flex-front posture seat Ergo-density foam



ergo**FIX**Neon

Fixed height posture curved ergo-mesh backrest

Weight activated movement

Posture seat with moulded cushion & ergo-density foam

> Synchronised adjustment 2:1 ratio with anti-shock release

Four position lockable tilt with anti-shock release









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360° Swivel

Seat Height _____

Back <u>Angle</u>

Seat Angle

Seat Depth

Lumbar Support

Arm Adjustme



NN100 High Mesh Back

> High Black Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Seat Slide 75mm.



NN102

High Mesh Back With 2D Arms

> High Black Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.



NN104 High Mesh Back With 4D Arms

High Black Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

SH: 470 -570mm SW: 500mm SD: 460 - 535mm BH: 540mm BW: 450mm

SH: 470 - 570mm SW: 500mm SD: 460 - 535mm BH: 540mm BW: 450mm

SH: 470 - 570mm SW: 500mm SD: 460 - 535mm BH: 540mm BW: 450mm

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

Adaptable seating is becoming more important within the home and office environment

Chairs with complex controls can be difficult to adjust, meaning we rarely get the best support possible.

ergoFIXNeon solves this problem.

Simplistic controls located on one side of the mechanism make this chair easy to use and simple to adapt, ensuring quick adjustment to suit a wide range of body types.

The body responsive mechanism has been developed to put the user in full control of their chair, enabling them to work in a dynamic free float mode or lock the chair into a position that is comfortable for them.

ergoFIXAccessories

Enhancing ergonomics.

....

ergoFIXAccessories are a simple range of complementary ergonomic products.

They are designed to offer new thinking towards back health, personalised and enhanced user support and comfort levels.

Our NEW Sit-Stand Stools are ideal for the rapidly growing market of height adjustable desking. Whether it be in home or office settings, their compact design and simple adjustability adds a new dimension for consideration.

Our external support cushions for both seats and backrests are based on our popular reactive air-cells, already successfully used within our chair ranges and now even more adaptable.

Our adjustable leg rests are brochure included as a result of increased popularity, a simple and adjustable enhancement for specific user support.

Available Models

SSR100/W



SSR100/B



SSR100/R





ELS100

ESC100

LS100

LD100



Swing, Sway, Rise.

The Sit-Stand stool is lightweight and portable.

Users can move from a sitting to stood position with the press of a button located on either side of the under-seat.

Complete with a wipe clean vinyl seat covering, the Sit-Stand stool is a hygienic, anti-microbial solution for any office or home environment.

It's simple height adjustment, swivel seat and weight counter-balancing technology makes the Sit-Stand stool a must have in today's dynamic, ergonomic workspace.







SSR100/W

Sit-Stand Stool White

Upholstered Seat. Comfort Foam. White Frame. Twin Height Adjustment. Black Rubber Base.

> SH: 540 - 750mm SW: 380mm SD: 250mm SR: 360° R: +/- 20°

SSR100/B

Sit-Stand Stool Black

> Upholstered Seat. Comfort Foam. Black Frame. Twin Height Adjustment. Black Rubber Base.

> > SH: 540 - 750mm SW: 380mm SD: 250mm SR: 360° R: +/- 20°

SSR100/R

Sit-Stand Stool Red

Upholstered Seat. Comfort Foam. Red Frame. Twin Height Adjustment. Black Rubber Base.

> SH: 540 - 750mm SW: 380mm SD: 250mm SR: 360° R: +/- 20°

SH: Seat Height - SW: Seat Width - SD: Seat Depth - SR: Seat Rotation - R: Rocking



Ergonomic Lumbar Support

Adjustable Clip Strap.

Inflation Valve.

Deflation Valve.

Black Mesh Finish.

Fits Most Chairs.



ESC100

Ergonomic Seat Cushion

Ergonomic Profile. Coccyx Zone. Inflation / Deflation Valve. Black Mesh Finish. Fits Most Chairs.

LS100

Single Leg Rest

Black Upholstered Leg Rest. Contoured Comfort Foam. Height Adjustable. Angle Adjustable. Black 5-Star Base & Castors.

Rest Height: 390 - 480mm Rest Width: 255mm



LD100

Double Leg Rest

Black Upholstered Leg Rest. Contoured Comfort Foam. Height Adjustable. Angle Adjustable. Black 5-Star Base & Castors.

> Rest Height: 390 -480mm Rest Width: 450mm Rest Depth: 455mm

Height: 150mm Width: 380mm Depth: 40mm

ELS100

Height: 50mm Width: 500mm Depth: 340mm

Rest Depth: 455mm

Mobilising Comfort

Using a retro-fitted Ergo Seat Cushion and / or Ergo Lumbar Support enables you to quickly and easily make your car seat, home and work office chair more comfortable.

Simple to adjust and easy to transport for inflatable support on the move.

Elevation and Support

Perfect for injury recovery and to help manage physical limitations.

Our Leg Rests are height and angle adjustable and will comfortably support one or both legs at your preferred height.

Helping to achieve comfortable alignment with your hips and knees which in turn decreases pressure on the spine and reduces fatigue.



Guarantee

For 8 hour per day use all models carry a full five-year structural guarantee with two years on moving parts and upholstery.

For 24 hour per day use a two-year structural guarantee applies.

These guarantees exclude unfair wear and tear and damage or failure caused by misuse.

All gas lifts are suitable for users up to 150 kg.



Specification

We have taken great care to ensure that all details, descriptions, measurements and prices in this Product Guide are correct. In order to give you the most accurate representation of our products, we have used colour swatches that have been provided directly from our fabric suppliers. Although every care has been taken to ensure that dimensions are accurate, manufacturing characteristics may vary slightly.

We reserve the right to make any reasonable changes to specification or design as part of our continual improvement policy.



Bondai FR

Classic Crepe Weave
100% Polyester
OEKO-TEX Standard 100 Certified
High Durability Performance - 150,000 rubs
EN1021-1&2 Cigarette & Match
ES 7176 Low Hazard
BS 5852 Ignition Source 5 / Crib 5
BS 7176 Medium Hazard

Did You Know

There are **34** colours available in the Inloom Bondai FR range? Please note that this will be charged at Group 2 pricing.

			6006	6011	6003
			6071	6016	6015
	8033		7026	7008	6098
1005	7032	7021	7048	7029	7041
1001	4004	4037	3012	3005	3013
1008	4007	4011	4017	5096	5004
2020	8004	8078	8010	8013	2036

The Comfy Workplace

Ergonomic - Sustainable - Acoustic - Office Furniture

The Comfy Workplace Limited Email: <u>richard@comfyworkplace.co.uk</u> Tel: 01697 747804 / 07432 613433 Visit: www.comfyworkplace.co.uk